



Newsletter

Play your part on Clean Air Day – 8 October 2020

We all have a part to play in keeping our air clean – together we can make October 8 the cleanest Clean Air Day yet.

During the COVID-19 lockdown we experienced cleaner air and saw massive shifts in low pollution behaviours. Let's keep up the momentum and keep our air clean.

Clean Air Day, on Thursday 8 October, is a day of action to talk about air pollution, find out what you can do to protect your health and start to take some of the simple air pollution busting steps that can help clean up our air.

It's a moment when thousands of people up and down the country will be taking part; making personal pledges to leave their car at home, to walk or cycle to school, to support their school trial a School Street and to work from home. We all have a part to play.

[optional] Over recent years we have [\[insert information about how your organisation has reduced air pollution\]](#)

[optional] On Clean Air Day find out how you can play your part in keeping our air clean and keep on feeling the difference:

[select some ideas to promote]

Drive less

- 1) **Give your car a day off** – Walk, cycle or take public transport (safely) to work or school



- 2) **Use quieter streets** when you're on a bike or on foot to avoid polluted main roads.
- 3) **Work from home more often** – challenge your workplace to make this easier for you

If driving is essential:

- 4) **Go electric** – There are lots of ways you can travel electric. Hire an electric car, taxi or test drive an electric vehicle today.
- 5) **Don't idle** – If you drive, turn off your engine when your vehicle is stationary, and it is safe to do so.

Avoid burning at home

- 6) **Avoid using wood burning stoves and open fires** - if it is essential, only burn dry, well-seasoned or 'Ready-to-Burn' labelled wood, or smokeless fuel.
- 7) **Avoid burning household and garden waste** – take it to the tip instead.

Wise up

- 8) **Learn more about air pollution** - visit and share the CleanAirHub.org.uk with everything you need to know about air pollution in one place.
- 9) **Support local change** – talk to your local Councillors and MP about air pollution in your area and ask what you can do to support the local plan (and if there isn't one, demand one).
- 10) **Share your experiences** – let others know what you are doing to tackle air pollution and help inspire others at @CleanAirDayUK #cleanairday.

To get involved in Clean Air Day and learn more about the part you can play visit cleanairday.org.uk or search #CleanAirDay. Due covid-19, please ensure that any activities you undertake meet with your government's guidelines.